



## OPTIMIZATION OF RECIPE TURKEY MEAT PATE

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### ABSTRACT

The article presents a study on optimization of the prescription of a paste made of Turkey meat. The technological scheme of production of pate, which determines the optimal operating parameters of industrial production of meat products, is presented. Five models of recipes for canned pates with a dietary orientation have been developed using mathematical modeling methods. Based on the results of the study of the biochemical composition and nutritional value, the optimal version of the recipe was selected, containing 31% of Turkey meat by weight. In addition to Turkey meat, the optimized recipe contains beef liver, fermented pork and chickpea flour. Qualitative characteristics of mechanical deboning of Turkey meat were studied. It is shown that Turkey meat meets the quality and safety requirements. The content of toxic elements in the studied batches did not exceed the acceptable values. The caloric content of Turkey meat pate is 226.8 kcal.

## 1. Introduction

The actual task of the meat and meat canning industry is to increase output and improve product quality by optimizing technological processes, identifying and using hidden reserves, and saving raw materials and energy resources. The range of products in the meat industry does not contain scientifically based recipes for canned meat products in the form of pates that meet the physiological standards of healthy nutrition.

Existing pate recipes are increasingly based on the possibility of using non-traditional raw materials and raw materials that can provide high quality. Turkey meat can be classified as

dietary, and products made from it can be classified as delicatessen (Menon & Rumer, 2015).

The modern meat market is full of broiler meat. It is necessary to expand the range of meat products from poultry meat by increasing other types of poultry-ducks, geese, and especially turkeys (Bouvard et al., 2015; Prylipko & Kucius, 2014). Analysis of global trends in poultry farming shows a steady pattern of increasing Turkey production and consumption (Levy, Thaiss, & Elinav, 2016; Verkhovna Rada of Ukraine, 1997).

The development of science-based regimes that ensure guaranteed output of high-quality

products is impossible without an analytical description of the process, that is, a mathematical model of quality changes depending on changes in temperature and duration of heating of the product, the environment, the required and actual sterilizing effect. Recently, aseptic conservation is in high demand. This method is based on a new principle of thermal sterilization of food products (Alahakoon, Jayasena, Ramachandra, & Jo, 2015). The aseptic method of canning is one of the promising methods, but it has not yet been widely used in the practice of canning. When making canned food from products that have a uniform structure, you can use heat treatment of the product in the stream as it moves along the product pipeline (Menon & Rumer, 2015). The development of rational modes of sterilization of pates should be reduced not only to the study of the possibility of reducing the sterilizing effect when obtaining industrial sterile products, but also to establish the dependencies of objective criteria for quality indicators and nutritional value.

The task in different countries is increasing the efficiency of using protein and fat meat resources available in this state for food purposes should be solved. The solution is possible by developing a new generation of recipes and creating original technologies for meat products with a guaranteed content of macronutrients and micronutrients. The relevance of this study is that meat pates are in great demand among customers, depending on the region of their production, are a product that has a fairly long shelf life, they are convenient to use, so they can be used in travel, for cooking various dishes. Undoubtedly, the task of quality control and safety of new pates produced, including Turkey meat, is important (De Mey et al., 2014; Decker & Park, 2010; Jiménez-Colmenero, Sánchez-Muniz, & Olmedilla-Alonso, 2010).

Based on the above, the goal of experimental research was formulated: to confirm the theoretical background of the process of sterilization of meat pate from Turkey meat, to optimize its composition and determine the optimal mode parameters of sterilization to

preserve the quality characteristics of the original products, to evaluate the safety indicators of Turkey meat and finished pate.

The formulation and justification of composition was based on the following postulates: formulation of requirements for ingredients and product that meets the task at hand; the selection of ingredients to provide desired properties to the product; establishing acceptable levels (lowest and highest fractions) of the ingredient in the recipe; determining the optimal levels of ingredients in the recipe.

## 2. Materials and Methods

The research tasks included: studying the safety indicators of Turkey meat mechanical deboning used for the production of canned pates, conducting computer modeling of recipes with a new type of raw materials and the balance of main components to meet the requirements of a healthy diet, establishing the dependence of changes in the quality of pate on the level of thermal loads and justification of rational modes of sterilization of pates, selecting a new generation of canned pates technology and evaluating the prospects for implementing developments in the industry.

The object of the study was the meat of Turkey mechanically deboned. Experimental studies were conducted using generally accepted and standard methods used to study the physical, chemical and bacteriological parameters of meat products (Ibatullin et al., 2014).

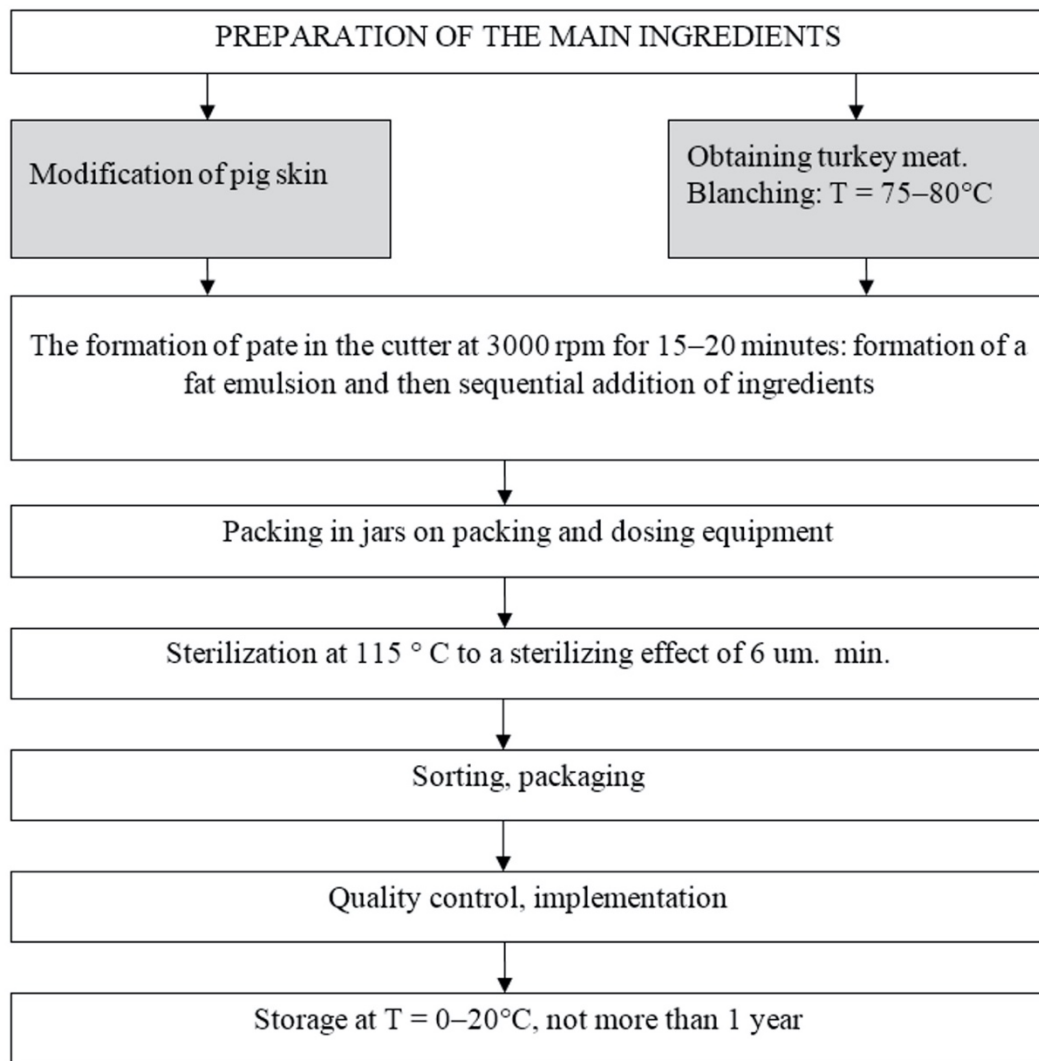
The task of calculating the optimal recipe was formulated as follows: with the known lists of ingredients acceptable for the production of a particular product, and the characteristics of each of them (moisture content, fat, protein, amino acids, fatty acids, trace elements, cost, etc.), as well as the required mass of the resulting product, it is necessary to determine in what quantities it is advisable to include the ingredients in the recipe in order to meet the established requirements for chemical composition, the quality of the finished product and the amount of use of individual ingredients or their combinations, to ensure the minimum (maximum) value of the optimization criterion

(Ibatullin et al., 2017; Kabata-Pendias & Szteke, 2015).

The following steps were performed sequentially: data collection, systematization and analysis by characteristics of the selected list of ingredients and product requirements; calculation of optimal recipe options with the selected optimization criterion and set restrictions; verification of the obtained option for the possibility of improving the optimization criterion and the KZB and / or FSV and / or MEM; comparative analysis of the calculated recipe options and their selection for experimental verification (Waller et al., 2015).

5 recipes of Turkey pates were developed, from which the most optimal recipe was selected, characterized by the lowest complex indicator reflecting the dietary properties of the finished product.

The production technology of pate included the following sequential operations: preparation of raw Turkey meat, fermentation of pork skin, preparation of meat emulsion according to the recipe by successive introduction of ingredients of the recipe, placement of the emulsion in the packaging, sterilization, quality control of finished products, storage (figure 1).



**Figure 1.** Flow Chart of Turkey Meat Pate Production

The content of toxic elements was determined by dry mineralization based on

complete decomposition of organic substances by burning raw material samples in an electric

furnace under controlled thermal conditions (Ibatullin et al., 2014; Verkhovna Rada of Ukraine, 1997).

The quantitative content of mercury was determined by colorimetric method based on the decomposition of the sample with a mixture of nitric and sulfuric acids, followed by colorimetric determination of copper tetraiodomercurate in comparison with the standard scale (Prilipko and Kuchus, 2014; Verkhovna Rada of Ukraine, 1997).

The quantitative content of arsenic was determined by measuring the color intensity of a solution of a complex compound of arsenic with silver nitrate in chloroform (Bouvard et al., 2015; Prylipko And Kuchus, 2014).

The content of pesticides was carried out by extraction of organochlorine pesticides with organic solvents, purification of the extract, followed by analysis of the resulting solutions on an automatic gas chromatograph with an electron capture detector (on a column of chromatographic laboratory capacity of 35 cm with a partition of porous glass in the lower part) to identify the composition and determine the mass fraction of pesticides.

Standard values of toxic indicators (the content of antibiotics, toxic elements, pesticides of pathogenic microflora) were determined in accordance with current regulatory documents (technical regulation of the Customs Union No. 021/2011).

The proteolytic activity of enzyme preparations was studied using the Anson method using substrate hemoglobin.

Collagenase activity was determined by the content of oxyproline in the mixture formed as a result of the action of the enzyme on native collagen.

The active acidity (pH) was determined by a potentiometric method (Bouvard et al., 2015; Ibatullin et al., 2017).

The determination of the amount of mesophilic aerobic and optional anaerobic microorganisms was performed by counting colonies growing on solid nutrient medium after incubation at 30°C.

Sterilization regimens were determined by a method whereby the actual lethality of Ff

relative to the microflora should be equal to or exceed the required lethality of the sterilization process  $F_n$  ( $F_f \geq F_n$ ). The calculation of the required mortality was carried out on CL sporogenes microorganisms. The required lethality was calculated by the formula:

$$F_H = D (4 + \lg CG). \quad (1)$$

The experience was repeated five times. Statistical data processing was performed using the mathematical apparatus of the Excel program.

### 3. Results and discussions

#### 3.1. Results

Regardless of the methods used, the formulation and justification of the formulations involves the following steps: formulation of requirements for the ingredients and product that meet the task; selection of ingredients that provide the desired product properties; setting acceptable levels (smallest and highest fractions) of the ingredient in the formulation; determining the optimal levels of ingredients in the recipe.

The task of calculating the optimal formulation was formulated as follows: with known lists of ingredients that are acceptable for the production of a particular product, and the characteristics of each of them (content of moisture, fat, protein, amino acids, fatty acids, trace elements, cost, etc.), as well as the required mass of the obtained of the product, it is necessary to determine in what quantities it is expedient to include the ingredients in the formulation in order to meet the established requirements for the chemical composition, quality of the finished product and the amount of use of the individual ingredients or combinations thereof, to provide the minimum (maximum) value of the optimization criterion (Ibatullin et al., 2017; Kabata-Pendias & Szteke, 2015).

The following steps were consistently performed: data collection, systematization and analysis according to the characteristics of the selected list of ingredients and product requirements; calculation of variants of the

optimal formulation with the selected optimization criterion and set restrictions; verification of the variant obtained for the possibility of improving the optimization criterion and KZB and / or FSW and / or MEM; comparative analysis of the calculated variants of the formulations and the choice of them for experimental verification (Waller et al., 2015).

We create a mathematical model for the calculation of raw materials for pate recipe. Denote  $x_1, x_2, x_3, x_4, x_5, x_6, x_7, x_8$  as the amount of raw material of each species.  $F(x)$  is a target function that determines the content of ingredients. The mathematical interpretation of this problem will look like:

$$F(x) = 23,5x_1 + 24x_2 + 36,4x_3 + 92,3x_4 + 4,3x_5 + 10,3x_6 + 38,7x_7 + 10,8x_8 \rightarrow \max \quad (2)$$

Based on the defined function and constraints, we create a spreadsheet in MS Excel

according to functional dependency. The built-in Excel Solution Finder was used to determine the optimum composition of components.

For the most complete compliance of the product with the requirements of a healthy diet, it is necessary that the ratio of macronutrients in the product (proteins: fats: carbohydrates) is 1: 1.3: 4; the ratio of essential amino acids lysine: tryptophan: methionine is 1: 3: 3; the ratio of polyunsaturated: saturated: monounsaturated fatty acids is 1: 3: 6; the ratio of trace elements: Ca: Mg was 1: 1.5; Ca: P was 1: 0.6. The formulation was optimized to match these parameters.

The result of the mathematical analysis was the development of five virtual models of canned pate recipes (Table 1). A comprehensive evaluation of the formulations obtained showed that the fifth model is optimal, with a maximum value of this indicator of 3.0.

**Table 1.** Ingredients Composition and Characteristics of Virtual Recipe Models

Name of ingredients or indicators	Virtual recipes models				
	I	II	III	IV	V
<i>Formulations. %</i>					
Beef liver ( $X_6$ )	20.0	0	40.0	10.0	10
Turkey meat ( $X_1$ )	0	25.0	7.7	17.2	31.0
Fat smelted ( $X_3$ )	25.0	0	15.0	31.9	16.7
Sunflower oil	0	25.0	0	0.2	0
Fermented pork skin ( $X_2$ )	15.0	10.0	0	8.7	16.7
Beef brains ( $X_8$ )	10.0	10.0	12.0	0	0
Soy protein ( $X_4$ )	0	0	1.5	0	3.0
Chickpeas	0	3.0	0	1.5	0
Wheat fiber	0	0	0	1.0	0
Wheat flour ( $X_7$ )	5.0	2.0	4.0	2.5	0
Dried onions	1.0	1.0	0	1.0	0.8
Water added ( $X_5$ )	21.4	21.4	17.2	23.4	20.35
Nutritional supplements	1.5	1.5	1.5	1.5	0

Name of ingredients or indicators	Virtual recipes models				
	I	II	III	IV	V
Spices	0	0	0	0	0.35
Salt	1.1	1.1	1.1	1.1	1.1
Sugar	0	0	0	0	0
Together	100	100	100	100	100
<i>Chemical composition. %</i>					
Moisture	53.64	50.64	61.90	46.86	64.68
Fat	29.50	33.53	19.10	37.84	13.71
Protein	8.15	8.07	10.48	7.45	13.01
Including balanced	7.02	6.99	8.61	6.53	11.19
Carbohydrates	5.96	2.97	5.76	4.10	5.51
Ratio M: F: C	1:3.64:0.73	1:4.15:0.37	1:1.82:0.50	1:5.08:0.55	1:1.05:0.42
<i>Amino acid composition. g</i>					
Valine	0.404	0.348	0.692	0.324	0.664
Isoleucine	0.318	0.333	0.547	0.283	0.531
Leucine	0.557	0.584	0.953	0.499	0.931
Lysine	0.475	0.522	0.830	0.444	0.816
Methionine + cysteine	0.142	0.152	0.250	0.132	0.244
Threonine	0.283	0.272	0.476	0.232	0.460
Tryptophan	0.087	0.109	0.150	0.089	0.152
Phenylalanine + tyrosine	0.327	0.321	0.548	0.277	0.533
Minimum score. (methionine)	0.498	0.538	0.682	0.506	0.536
Balance factor	0.563	0.592	0.579	0.592	0.579
Correlation	1:0.3:0.18	1:0.29:0.21	1:0.3:0.18	1:0.3:0.2	1:0.30:0.19
<i>Fatty acid composition. g</i>					
Saturated fatty acids (H)	11.25	5.03	7.07	14.32	4.62
Monounsaturated fatty acids (M)	12.70	8.88	7.91	16.69	5.20
Polyunsaturated fat acids (P)	3.27	3.75	2.32	4.41	1.77
The ratio P: M: S	1:3.88:3.44	1:2.37:1.34	1:3.41:3.04	1:3.78:3.25	1:2.93:2.61

Name of ingredients or indicators	Virtual recipes models				
	I	II	III	IV	V
Or (P + M) / S	1.42	2.51	1.45	1.47	1.51
<i>Trace element composition. mg</i>					
Calcium (Ca)	4.4	11.5	12.2	7.7	12.7
Phosphorus (P)	123.8	95.1	204.7	77.7	185.4
Magnesium	7.9	12.1	16.3	9.6	16.8
The ratio of Ca: P: Mg	1:28:1.79	1:8.3:1.05	1:1.6:1.34	1:10:1.25	1:14.6:1.34
<i>Estimates</i>					
Calorie content. kcal	321.0	338.0	236.0	386.0	198.0
<i>Relative metrics</i>					
Protein balance	0.643	0.625	0.769	0.583	1.0
The ratio of unsaturated to saturated fatty acids	0.940	0.600	0.960	0.973	1.0
Calorie content	0.617	0.586	0.839	0.513	1.0
Comprehensive assessment of formulations	2.2	1.811	2.568	2.069	3.0

Based on the results of experimental studies, we have developed a recipe for meat pate with a dietary orientation. The selection of the recipe presented in the table below was based on a comprehensive assessment of such indicators as calorie content, protein balance, and the ratio of fatty acids (saturated and unsaturated) in order

to obtain a dietary product. Recipe #5, which meets the above parameters, is shown in table 2. It is in this recipe that the complex assessment of the above parameters was the maximum (3.00), which corresponds to the requirements of the dietary product.

**Table 2.** The Best Recipe for Turkey Meat Pate

Name	Mass fraction of components. %
Turkey meat	31.000
Beef liver	10.000
Pork stud	16.700
Soy (flour)	3.000
Fermented pork skin	16.700
Fresh or dried onions	0.800
Salt	1.100
Black pepper ground	0.070
Coriander	0.070
Nutmeg	0.070
Carnation	0.070

Name	Mass fraction of components. %
Cinnamon	0.070
Water	20.350
Together	100

Studies on the content of antibiotics (levomycetin, tetracycline, bacitracin, grisin) have shown that Turkey meat, which is sent to the production of meat pate, does not contain

antibiotic residues and can be used in production.

The results of studies to determine the content of pesticide residues in Turkey meat are shown in Table 3.

**Table 3.** Pesticide Content in Turkey Meat ( $M \pm m$ ,  $n=5$ )

List of indicators	Laboratory analysis data	Requirements of the regulatory document
Hexachlorocyclohexane (alpha, beta, gamma isomers)	0.02±0.03 mg/kg	not more than 0.1 mg/kg
DDT and its metabolites	0.03±0.04 mg/kg	not more than 0.1 mg/kg

The quantitative analysis of the results of the experiments shows that the content of isomers of hexachlorocyclohexane in turkey meat is 0.02 mg/kg, which is 5 times ( $P < 0.01$ ) below the acceptable values (0.1 mg/kg). DDT and its metabolites are 0.03 mg/kg, which is 3.3 times ( $P < 0.01$ ) below normal.

Among the toxic elements, the most threatening to human health are four: lead,

cadmium, arsenic and mercury, which are able to accumulate in the human body and cause diseases that manifest themselves gradually, without pronounced symptoms, and have high biological activity, oligodynamic, oligodynamic cumulative properties, the presence of specific, including remote, effects on the body. The results of the studies are shown in Table 4

**Table 4.** The Content of Toxic Elements in Turkey Meat ( $M \pm m$ ,  $n=5$ )

List of indicators	Laboratory analysis data	Requirements of the regulatory document
Lead	0.08±0.02 mg/kg	not more than 0.5 mg/kg
Arsenic	0.02±0.03 mg/kg	not more than 0.1 mg/kg
Cadmium	not found	not more than 0.05 mg/kg
Mercury	not found	not more than 0.03 mg/kg

Studies were conducted on the content of toxic elements in Turkey meat. The research results showed that the content of toxic elements in the studied samples met the requirements and did not exceed the maximum permissible concentrations. The results showed the following: the quantitative content of lead was

0.08 mg / kg, at  $P < 0.05$ , which is 6.2 times less than the maximum permissible concentration, the arsenic content was 0.02 mg / kg at  $P < 0.05$ , which is 5 times less than the maximum permissible concentration. The presence of cadmium and mercury in the samples was not detected.



One of the main indicators of safety of the selected raw material is the presence of mesophilic aerobic and optional anaerobic

microorganisms (MAFanM) in it. The results of the studies are shown in Table 5.

**Table 5.** Results from Studies on the Detection of MAFanM Content in Turkey Meat Mesophilic Aerobic and Optional Anaerobic Microorganisms (colonies forming units per gram)

Name of pathogens	Laboratory analysis data	Requirements of the regulatory document
Mesophilic aerobic and optional anaerobic microorganisms	not found	not more than 1,0x10 KFU/г

According to Table 6, the highest percentage (31%) of canned pate is made from turkey meat. The specified meat raw material has undergone laboratory testing and meets the requirements of quality and safety regulations.

According to laboratory studies, the raw material found does not contain MAFanM colonies and is therefore safe for the production of meat products.

Thus, on the basis of complex analysis of turkey meat, we can conclude that the safety of meat raw materials for the production of pies of high quality and nutritional value.

Beef liver is included in the recipe in the amount of 10% of the total mass of raw materials and at its nutritional value complements the quality indicators of pate. In order to give a gentle texture to the pate, a fermented pork skin in the brine is put into the recipe.

In selecting the temperature and duration of heating of canned food come in the first place. From the fact that a properly established sterilization regime should ensure the microbiological stability of canned food. Sterilization regimes should ensure that the growth of microorganisms that are potentially harmful to human health is suppressed, as well as those that can cause damage to canned food

during storage. It should be borne in mind that the heating should be as minimal as possible to ensure high organoleptic properties and nutritional value of the finished pate. Sterilization of turkey pate is carried out according to the formula:

$$(A - B - C) / T = (25 - 40 - 25) / 115. \quad (3)$$

The developed recipe for canned meat from Turkey meat was tested at the Kamianets-Podilsky meat processing plant (Ukraine). The manufactured test batch confirmed that the developed pates meet the quality and safety requirements for similar canned food.

According to the data of physicochemical studies (Table 6), the content of the main macronutrients in the studied samples was as follows: the content of the mass fraction of moisture was 66.8% at  $P < 0.01$ , fat-20.0% at  $P < 0.01$ , protein-8.2% at  $P < 0.01$ , ash-1.46% at  $P < 0.01$ , carbohydrates-3.5% at  $P < 0.01$ . These values correspond to the standards established in the relevant product regulations. The product turned out to be low-calorie, since its caloric content was 226.8 kcal.

**Table 6.** Results of Physicochemical Indices of Turkey Meat Pate

Indicators	Contents, %
Wet	66.8 ± 0.5
Fat	20.0 ± 0.25

Indicators	Contents, %
White	8.2 ±0.09
Ash	1.46 ±0.02
Carbohydrates	3.5 ±0.03
Calorie content, kcal	226.8 ±1.0

According to microbiological indicators (the content of mesophilic aerobic and facultative anaerobic microorganisms and mesophilic aerobic microorganisms), canned food meets the requirements of industrial sterility.

Studies were conducted on the safety indicators of ready-made Turkey pate.

The study of the quantitative content of toxic elements in samples of turkey meat pate (Table 7) showed that the mass concentration of toxic

elements did not exceed the maximum permissible values. So, the lead content was 0.02 mg / kg ( $P < 0.03$ ), 30 times lower than the acceptable level of cadmium is 0.01 mg / kg ( $P < 0.01$ ), 30 times lower than the acceptable level of arsenic - 0,05 mg / kg ( $P < 0.01$ ), which is 20 times below the permissible level of mercury - 0.005 mg / kg ( $P < 0.01$ ), which is 20 times below the permissible level.

**Table 7.** Results of a Study of the Safety of Turkey Meat Pate ( $M \pm m$ ,  $n=5$ )

Indexes	Content	Norm
<i>Concentration of toxic elements</i>		
Lead	0.02±0.5	not more than 0.6
Cadmium	0.01±0.3	not more than 0.3
Arsenic	0.05±0.25	not more than 1.0
Mercury	0.005±0.5	not more than 0.1
<i>Organochlorine pesticides</i>		
HCG (gamma-isomer)	0.04±0.5	not more than 0.1
DDT and its metabolites	0.03±0.3	not more than 0.1
<i>Antibiotics, units/g</i>		
Tetracycline group	not found	not more than 0.01
Levomycetin	not found	not more than 0.01
Bacitracin	not found	not more than 0.02
Grisin	not found	not more than 0.5
<i>Radionuclides, Bq/kg</i>		
Cs-137	not found	not more than 180
Sr-90	not found	not more than 80

The content of organochlorine pesticides did not exceed the norm and corresponded to the quantitative value: for the gamma-isomer of HCG - 0.04 mg/kg, which is 2.5 times less than the maximum permissible value of 0.1 mg/kg, for DDT and its metabolites – 0.03 mg / kg , which is 3.3 times less than the maximum permissible value of 0.1 mg/kg.

The residues of antibiotics and radionuclides were not detected at all.

### 3.2. Discussions

Our analysis of the literature shows that it is currently particularly effective to produce new types of meat products that include multi-component emulsions based on new types of

meat raw materials (Alahakoon et al., 2015; Bouvard et al., 2015). From the analysis of literature sources, it follows that the development of recipes for pates from non-traditional raw materials and raw ingredients that can provide high quality canned pates is of practical interest. And such raw materials as Turkey meat can be attributed to dietary meat (Anufriev, Kolmykov, Emelyanov, & Zinina, 2016; Krishtafovich, Krishtafovich, & Sharafutdinova, 2014; Starikova, 2015).

In 2017, the volume of the world market for Turkey meat was 6305 thousand tons. The following year, there was a marked increase in the market against the background of increased consumption in the United States, Brazil, and Russia. According to the research by IndexBox Russia, the market has grown by +3.1% per year on average in wholesale prices over the past ten years and amounted to \$ 13.2 billion. USA. The US remains the key Turkey-producing country in the world. At the beginning of the last decade, Canada became the second country in terms of Turkey meat production in America — 153 thousand tons per year (Alahakoon et al., 2015; Bouvard et al., 2015).

The calculations described above, performed using computer modeling methods, allowed us to develop recipes for preparing Turkey pates that meet the average daily needs. Our assessment of the nutritional adequacy of virtual pate models for all 5 recipes (the Recipes for all five pates are presented in Table 1) showed that the fifth model is optimal (table 2), with a maximum value of 3.0. This recipe, unlike other developed models, contains the largest amount of Turkey meat, while the fat content is minimized, the liver content is significantly reduced, and wheat flour is present. It was possible to balance the amino acid composition by introducing chickpea flour into the recipe. Chickpea proteins can replace animal proteins by their biological value, since they are a source of essential amino acids, in particular methionine, lysine and tryptophan. Due to the high protein content in chickpea flour, there are many purine bases. A number of authors suggest correcting the nutritional value of meat pates by introducing them with high-intensity nutritional

components. For example, Baranenko D. A. and co-authors suggest using an enzyme preparation of proteolytic action, including chymotrypsin and pepsin in a ratio of 1: 1, to increase the nutritional value of connective tissue. At the same time, optimization of technological parameters of protein proteolysis allows to obtain a maximum value of 3.1 (Baranenko, 2013). Stepanova E. A. it is proposed to use paprika with herbs, garlic, cranberries, buckwheat flour in the production of pate, which allows you to get a product with a piquant taste (Stepanova, 2017). Esmat, Asuggest use pumpkin in the recipe of meat and vegetable pate based on horse meat and chicken liver. The proposed composition provides a product with dietary, hypoallergenic and antioxidant properties (Hassan, Hussein, & Hussein, 2013). Rui Xu developed pates with a protein product from melon seeds of reduced caloric content, enriched with an additional amount of trace elements and vitamins (Xu, 2012).

The use of strict input control allowed us to achieve high food safety of the final product . Thus, the studied safety indicators are both in raw Turkey meat (table 3-5) and in finished products (table 3-5). 7) meet the required parameters.

Turkey meat does not contain pesticides or antibiotics, which are regulated by law. The content of heavy metals is significantly lower than the normalized one. Due to the short term of fattening, Turkey meat is an environmentally safe raw material.

Our results are consistent with data from a number of domestic and foreign researchers who show that Turkey meat does not contain pesticides or antibiotics, since it is not used in poultry farming (Chernukha, Smetanina, Kuznetsova, & Lisitsyn, 2005; De Mey et al., 2014; Ibatullin et al., 2014, 2017; Jiménez-Colmenero et al., 2010, p.). This result is very important because it indicates that Turkey meat does not accumulate toxic compounds in high concentrations. The content of heavy metals is significantly lower than the normalized one. Our results are consistent with many studies on the bioconversion of toxic compounds from the environment into the muscle tissue of Turkey

meat (Baranenko, 2013; Chernukha et al., 2005; Levy et al., 2016; Prylipko & Kucius, 2014). Based on this data, we can recommend the use of Turkey meat for the production of pates in any region.

Based on the results of market research conducted in various countries, we believe that poultry meat and its processed products are socially important goods, and the volume of their production is a criterion for ensuring the country's food security. Pates have recently gained popularity among consumers as a ready-to-eat product with a high calorie content, as an alternative to meat and sausage products. The results of the evaluation of the nutritional value of Turkey meat pate showed a high content of protein (21.2%), carbohydrates (3.5%), trace elements (1.46%), and a balanced energy value of 226.8 kcal, which is confirmed by many studies (Anufriev et al., 2016; Bazhenova, Khamaganova, Pavlova, & Badmayeva, 2005; Krishtafovich et al., 2014). Therefore, poultry pates have a high biological value, and the business idea of producing high-quality meat pates is quite popular and financially attractive (Alahakoon et al., 2015; Chicken & Turkey Meat Production in Canada—Market Research Report, 2019; De Mey et al., 2014; Decker & Park, 2010).

Turkey meat is in stable demand in North America, Europe, and Latin America, but per capita consumption varies from country to country. Consumption of Turkey meat, like other types of meat, depends significantly on the population and disposable income, so countries with a high standard of living traditionally have a high consumption of Turkey per capita. In addition, Turkey meat is characterized by a seasonality factor – demand in the United States and Europe increases annually during the pre-holiday period, for example, in the run-up to Christmas (Chicken & Turkey Meat Production in Canada—Market Research Report, 2019; Kabata-Pendias & Szteke, 2015; Menon & Rumer, 2015).

The method of sterilization is widely used to increase the shelf life of meat products. A number of authors, including Kabata-Pendias & Szteke (2015), Ibatullin I. I. and co-authors

(Ibatullin et al., 2014) believe that sterilization regimes in the production of pates smooth out differences between different types of prescription components, leveling the quality of canned food and eliminating the influence of raw material quality. However, we have shown that the sterilization of canned food using classical technology is the basis for ensuring not only high sanitary and hygienic indicators of their quality, but also preserving the individual composition and characteristics of the product. The proposed regime of thermal preservation guarantees the death of pathogenic and toxigenic microorganisms and microflora that cause spoilage of products.

The sterilization modes proposed in our work-at a temperature of 115°C-allowed us to obtain the necessary sterilizing effect. Thus, microbiological studies of Turkey meat have shown that Mafanm (CFU/g) is  $1 \times 10^2$ , which is three orders of magnitude lower than the requirements for raw materials. No pathogenic microorganisms were detected.

Due to the small size of the carcasses, their manual deboning is extremely time-consuming. Nevertheless, in the works of Decker E. A. and co-authors (Decker & Park, 2010), it is noted that the use of mechanical boning in their processing is of great interest. After sterilization, the quality indicators of the finished pate showed its high nutritional value. Values of indicators of nutritional and biological value, amino acid, fatty acid and mineral balance (data are presented in Table 1 and Table 6) allowed us to classify Turkey meat pates as functional products. According to our research, Turkey pate contains 25–27% dry matter, 21–22% protein and 2.5–4.0% fat. We agree with the authors who claim that the chemical composition of Turkey meat pate can be attributed to dietary products (Chicken & Turkey Meat Production in Canada—Market Research Report, 2019; Xu, 2012). Turkey meat is tastier and healthier than chicken, pork, and beef, and contains a large amount of vitamins and trace elements. Turkey meat is well absorbed by the body, its digestibility is 90%.

The combined analysis of all the data presented strongly suggests that Turkey meat

obtained as a result of mechanical deboning can be used in the production of pates.

Based on the research of functional, technological and microbiological parameters of meat, vegetable raw materials and the finished product, rational modes of production and storage of Turkey meat pates with guaranteed safety and high nutritional and biological value have been established.

The technological scheme for the production of Turkey pates for functional nutrition presented in figure 1 includes all the necessary operations for the preparation of raw materials and components of the recipe. The formation of the meat emulsion at a rotation speed of 3000 rpm should continue for 15-20 minutes, then the ingredients are added sequentially to the resulting fat emulsion. For the described parameters of the production process, it is recommended to store the finished product at T = 0°C-20°C, no more than 1 year.

Although Turkey is a much less common type of meat than chicken, there is expected to be a gradual increase in consumer interest in Turkey against the background of a growing trend in the popularity of "healthy" food in developed countries and increased attention to low-fat foods.

#### 4. Conclusions

Based on the research of the biochemical composition and calculation of nutritional value, the choice of ingredients for cooking canned Turkey pate of a new generation was justified. As a result of mathematical analysis, five virtual models of canned pate recipes were developed. A comprehensive assessment of the obtained recipes showed that the recipe, in which the content of Turkey meat was 31%, used beef liver to give a tender consistency, which in its nutritional value complements the quality indicators of pate, as well as fermented pork, is optimal.

Qualitative characteristics of mechanical deboning of Turkey meat were studied. As a result, high protein content, low fat content and high iron content were found, which allows us to classify this raw material as a dietary material

with a functional focus on the body of a vitamin and mineral complex.

To further optimize the recipe, it is necessary to continue research on changes in the qualitative and quantitative composition of the main food nutrients during the heat treatment process. This will allow you to get a dietary, but at the same time very nutritious product from environmentally safe and useful meat raw materials.

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