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QUALITY ASSESSMENT OF AFRAMOMUM DANIELLI SPICED FRUIT LEATHER FROM AFRICAN STAR APPLE FRUIT

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ABSTRACT

Quality assessment of Aframomum danielli spiced fruit leather from African Star Apple was investigated. The sugar sweetened fruit leather samples were spiced with 0.2g to 1.0g A. danielli powdered extract, while the control had no A. danielli. The quality of the processed fruit leather was assessed over a 12-week storage period, with changes noticed in the colour of the control sample. Losses in ascorbic acid, β-carotene and lycopene followed similar trend. The percentage loss in ascorbic acid for the control and the treated samples were 23.78% and 8.18% respectively. For lycopene, the control lost 44.7%, while the treated samples, 39.2% maximum, over same storage period. Sample F had the highest mean score for β-carotene (0.117mg/100g) after 12 weeks, while the control had the least, 0.046mg/100g. Titratable acidity of the samples increased with storage, as the pH values decreased. Acidity reduced the loss rate of ascorbic acid, β-carotene and lycopene contents. Microbial load of the samples reduced with increasing quantity of the spice. Sample spiced with 1.0g A. danielli had no growth during the storage period, and retained nutrients better. The control sample had a better rating in all the parameters measured alongside the sample spiced with 0.2g of the spice.