



EFFECT FERMENTATION ON VOLATILE COMPOUNDS OF PACKAGED CASTOR OIL -MORINGA SEEDS CONDIMENT (*OGIRI*)

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ABSTRACT

The effect of fermentation on volatile compounds of packaged castor-moringa seeds condiment (*ogiri*) was investigated. Blends of castor oil seeds and moringa seeds were used to produce fermented condiment (*Ogiri*). A 100% castor *ogiri* (MC₁₀₀) and 100% moringa *ogiri* (MM₁₀₀) that served as control were packed in *uma* leaves and fermented for 48 h. Castor and moringa *ogiri* were blended in ratio 86: 21:13.29, fermented in different fermentation times (46.81 h, 51.99 h, 51.64h and 47.52 h) and packaged in *Uma* leaves, aluminum foil, aluminum foil and plastic containers designated as MMC, FMC, FMC₆₄ and Plastic container. The volatile compound of packaged fermented castor- moringa seeds (*ogiri*) were evaluated using Gas –Chromatography / Mass Spectrometry (GC-MS). The result of amino acids showed that only eighteen amino- acids were detected. A total of 162 volatile compounds were identified in packaged castor – moringa *ogiri*. The compound identified were various types of acids, ester, hydrocarbons, aromatic compounds, alcohol, ketones, aldehydes, sterols, among others. The predominant volatile compound found in packaged fermented castor- moringa seeds were acids followed by esters. Samples FMC₆₄ (86.21: 13. 29 fermented for 51. 64 h) had higher concentration in hydrocarbon (11.52%), ketones (2.40 %), sterols (15.31%) and vitamins (7.48 %.) than other samples..

1. Introduction

Fermented condiments are consumable substances added in small quantities to add flavor, taste, some nutrients and relish to the main food produced from leguminous plant or oil seeds. These fermented condiments include “ogiri” from castor-oil seeds (*Ricinus communis*), “dawadawa” from African yam beans (*Parkia biglobosa*) and “Ugba” African oil bean (*Pentaclethra macrophyllia*). According to Kalopo *et al.* (2009) fermented condiment provided dietary fibre, energy, mineral and vitamins (vitamin A and vitamin B₂). It also has potential uses as protein substitutes and functional ingredients (Achi, 2005). Nigerians spent about \$12 million on food flavoring imports between 1983 and 1998, with a projected 15 % annual increase in the

future (Essien, 1983; Odunfa and Oyewole, 1998). This emphasizes the importance of fermented vegetable proteins, which have a lot of potential as key protein and micronutrient sources, as well as basic ingredients for dietary supplementation. Most of indigenous condiments are produced through the process of fermentation. Fermentation actually hold a promise as a food processing methods that can be used to diversify the food uses of some under exploit plant food like moringa *olerferia*, among other locally available oil seeds.

Castor oil bean (*Ricinus communis*) is a member of the spurge family, *Euphorbiaceae*. The protein of castor oil seed contains ricin and ricinoleic which are toxic substances; nevertheless, the level is reduced or eliminated during fermentation (Odunfa, 1985). According

to Annongu and Joseph, (2008), castor seed is deficient in some indispensable essential amino acids such as lysine, iso-leucine and tryptophan is absent.

Moringa Oleifera Lam belongs to the *Moringaceae* genus, which has fourteen species (Morton, 1991). It is native to the Indian subcontinent, but it has spread throughout the world, including to Nigeria. Ram (1994) and Anhwange *et al.* (2004) indicated that moringa seeds contain all the essential amino acids “lysine, cystine, valine, methionine, isoleucine, leucine, phenylalanine and threonine” in appreciable quantities. These essential amino acids are often in short supply in most legumes and oil seeds. There is need to supplementation of fermented condiment (*ogiri*) with oil seeds that rich in sulphur containing amino acid like moringa seed (Ram, 1994, Gueguen *et al.*, 2016).

Ogiri and other fermented condiment have a very short shelf life, ineffective and unattractive packaging materials that resulted in stickiness and the characteristic putrid odour have caused instability in the commercial status of this traditional condiment (Arogba *et al.*, 1995), thus the need to research how to find good packaging materials that will protect, maintain it in good condition, and preserve the flavor until it reaches consumers in perfect freshness, flavour, appeal, and appearance.

Volatile profile of fermented castor oil bean was investigated by Ojinnaka and Ojimelukwe, (2013), the compounds identified were ester, alcohol, ketones, furan acids and others. Chukeatirote *et al.*, (2017) studies the volatile compounds in fermented soybeans prepared by a co-culture of *bacillus substilis* and *rhizopus oligosporus*, a total of 165 volatile compounds were identified including “alcohol, aldehydes aromatic, ketones, acids, ester, pyrazine, sulphur- containing and miscellaneous”. There is little or no information on study of amino acids and volatile compounds of packaged castor – moringa *ogiri*. This present study aims at evaluating effect of fermentation on amino acids and volatile profile of packaged castor moringa *ogiri*

2. Materials and Methods

2.1. Materials

Castor oil seeds were procured from Nwko- Igboukwu market in Aguata L.G.A in Anambra state and Moringa seeds were purchased from central market Kaduna in Kaduna State. The aluminium foil and plastic container were purchased from Eke –Ekwulobia. An *uma* leaves was also procured from “Amudo” village in Ekwulobia.

2.2. Methods

2.2.1. Traditional processing of fermented castor oil seed “ogiri”

The castor oil seed *ogiri* was produced according to method described by (Odufa 1985). The castor oil seeds (1.5 kg) were dehulled mechanically, washed and boiled for 8 h in 9 litres of water. The boiled castor oil seed was fermented for 96 h by natural fermentation. Fermented castor oil seeds were mashed into paste. Subsequently, the paste was distributed into the various packaging materials which comprises of *Uma* leaves, aluminum foil, and plastic containers and was allowed to stand for secondary fermentation and flavor maturation for 48 h.

2.2.2. Traditional processing of fermented moringa seed “ogiri”

The method of Onyekwelu (2016) was adapted to production of fermented moringa seed *ogiri*. Moringa seeds (1.5 kg) were dehulled manually, boiled for 3 h after being washed. The boiled moringa seeds were fermented for 96 h by natural fermentation. Fermented moringa seeds were mashed into paste. Subsequently, the paste was distributed into the various packaging materials which comprises of *uma* leaves, aluminum foil and plastic container and was allowed to stand for secondary fermentation and flavor maturation for 48 h.

2.2.3. Formulation

Castor oil seeds and moringa seeds *ogiri* were blended in ratio, packaging and fermented in different fermentation time in as shown in Table 1 below.

Table 1. Formulation of castor *ogiri* and moringa *ogiri*

Castor seeds <i>ogiri</i>	Moringa seed <i>ogiri</i>	Packaging	Fermentation time (h)
100		<i>Uma leaf</i>	48
	100	<i>Uma leaf</i>	48
86.21	13.29	<i>Uma leaf</i>	46.8
86.21	13.29	<i>Foil</i>	51.99
86.21	13.29	<i>Foil</i>	51.64
86,21	13.29	<i>Plastic</i>	47.53

2.2.4. Packaging of castor- moringa seeds *ogiri*

After the primary fermentation, each design points of castor- moringa *ogiri* were distributed in packaging materials comprises *uma* leaves, Aluminum foils and plastic container and kept for further analysis.

2.2.5. Determination of volatile compound profiles

The volatile compounds of Castor – moringa *ogiri* were determined using gas chromatography/mass spectrometry (GC-MS) analysis. On a Perkin Elmer GC Clarus 500 system with an AOC-20i auto sampler and a gas chromatograph interfaced to a mass spectrometer (GC-MS) apparatus, the following settings were employed to carry out GC-MS analysis, “column Elite-1 fused silica capillary column (30 x 0.25 mm ID x 1 µM df, composed of 100 % Dimethylpolysiloxane), operating in electron impact mode at 70 eV; helium (99.999%) was used as carrier gas at a constant flow of 1 ml /min and an injection volume of 0.5 µl was employed (split ratio of 10,1) injector temperature 250 °C; ion-source temperature 280 °C”. The oven temperature was set to 110 °C (isothermal for 2 minutes), then increased at a rate of 10°C/min to 200 °C, then 5°C/min to 280 °C, with a final time of 9 minutes (isothermal at 280 °C). Mass spectra was taken at 70 eV; a scan interval of 0.5 seconds and fragments from 40 to 450 Da. Total GC running time of 36min.

3. Results and discussion

3.1. Percentage composition of volatile compounds of packaged castor moringa *ogiri*

Percentage composition of volatile compounds of packaged castor moringa *ogiri* is shown in Table 2. These volatile compounds are of various type such as acids, ester, hydrocarbon,

aromatic compounds, alcohol, indole, ketones, aldehydes, sterols, vitamin and others were identified in packaged castor - moringa *ogiri* acids. Sample MM₁₀₀ had the highest percent of acids (91.16%) while sample FMC₆₄ had the lowest percentage (1.42 %) of acids. Acids, hydrocarbon, vitamins and Miscellaneous compounds were found present in packaged fermented castor moringa seeds while hydrocarbon and miscellaneous compounds were absent in 100% fermented castor and moringa seeds packed in *uma* leaves

3.2. Identified volatile compounds in packaged fermented castor- moringa seeds (*ogiri*)

The list of the identified compounds and their molecular formula, molecular mass, retention time and percentage concentration of fermented castor- moringa seeds (*ogiri*) packed in different packaging materials are shown in Table 3. The spectrum reveals that 22, 29,38,26,28 and 19 volatile compound were identified in sample MC₁₀₀, MM₁₀₀, FMC, MMC FMC₆₄ and PMC respectively. Sample PMC had the highest concentration of oleic acid (60.87%) followed by sample MC₁₀₀ (53.32%) while samples MM₁₀₀ and FMC had the lowest concentration of oleic acids 2.70% and 0.70%. Oleic acids were the most abundant compound in samples PMC (60.87%), MC₁₀₀ (53.37%) and FMC (49.92%). In this study acids were most dominant compounds. This was in agreement with Ojinnaka and Ojmelukwe (2013) who found acids to be most dominant volatile compound in fermented castor oil seed. Azokpota *et al.* (2008) found pyrazines to be the major constituent in sonru, aftin, and iru, which contradicts this report. Aldehydes in locust beans *daddawa*, soyabean and melon seeds *ogiri*

(Onyenekwe *et al.*, 2012). Adebisi *et al* (2021) found esters to major constituent in *daddawa* bambara groundnut. According Larcoche *et al* (1999) some acids were synthesis through leucine and isoleucine. Although acids give fermented foods some acidic, fruity, and sour

tastes, (Park *et al.*,2013), they have been reported to be undesirable compounds that give unpleasant characteristics such as rancid, sweaty, and pungent flavor (Frauendorfer and Schieberle, 2008).

Table 2.Percentage Composition of Volatile Compounds of Packaged Castor- Moringa *ogiri*

Volatile Compound group	MC ₁₀₀ (%)	MM ₁₀₀ (%)	FMC (%)	MMC (%)	FMC ₆₄ (%)	PMC (%)
Acids	70.65	91.16	67.23	51.77	1.42	77.26
Esters	3.45	4.21	4.86	0.62	3.20	-
Hydrocarbon	4.67	0.10	3.06	3.71	11.52	5.57
Aromatic	-	0.10	-	4.41	0.41	-
Alcohol	-	0.52	-	-	-	0.36
Indole	-	-	5.29	6.89	-	-
Ketones	-	0.25	1.03	1.12	2.40	1.10
Aldehydes	-	0.65	4.56	1.05	1.01	1.80
Sterols	-	1.0	4.07	2.31	15.31	1.10
Vitamins	2.98	0.28	2.84	2.60	7.48	4.04
Others (Miscellaneous compounds)	10.86	2.41	13.60	25.89	22.22	9.06

Key :

MC₁₀₀= 100% castor *ogiri* package with Uma leaves fermented for 48 h, MM₁₀₀= Moringa *ogiri* packaged with Uma leaves fermented for 48 h, MMC = 86.21% castorogiri, 13.29 % moringa *ogiri* packed in uma leaves fermented for 46.81 h, FMC = 86.21% castor *ogiri*, 13.29 % moringa *ogiri* packed in aluminum foil fermented for 51.99 h. FMC₆₄ = 86.21% castor *ogiri*, 13.29 % moringa *ogiri* packed in aluminum foil fermented for 51.64h, PMC = 86.21% castor *ogiri*, 13.29 % moringa *ogiri* packed in plastic container fermented for 47.52 h.

Ester was another major abundant compound in castor – moringa *ogiri* packed in different packaging materials. The most abundant esters were found to be ricinoleic acids methyl ester in sample MC₁₀₀ with concentration of 3.45 %, other esters were octadecenoic acids, ethyl ester, 9, 12 - octadecadienoic acids, ethyl ester and oleyl oleate detected in samples MM₁₀₀, FMC₆₄ and MM₁₀₀. During fermentation, esters are mostly formed when alcohol is esterified with fatty acids (Sluis *et al.*, 2011). Esters are also produced from chemical reaction between microbial acids and alcohol metabolites (Wittanlai *et al.*,2011), this reaction is catalysed by microbial esterase during fermentation (Eskin, 1990). When compared to their alcohol precursors, esters with

few carbon atoms are extremely volatile at room temperature and have a lower perception threshold (Izco and Torre, 2000; Nogueira *et al.*, 2005). It has a fruity floral flavor to it. The sharpness of unpleasant free fatty acids can be reduced or masked by ester. Therefore, esters must have contributed to the flavour of the product.

Table 3. Identified Volatile Compounds in Packaged Fermented Castor- Moringa Seeds (*ogiri*)

Peak	RT (min)	Compound Names	Formula	Molecular MASS	MC ₁₀₀	MM ₁₀₀	FMC	MMC	FMC ₆₄	PMC
		Acids								
1	18.792	Oleic acid	C ₁₈ H ₃₄ O ₂	282	53.37	2.70	49.92	39.97	0.70	60.87
2	19.171	n-Hexadecanoic acid	C ₁₆ H ₃₂ O ₂	256	4.76	10.95	5.29	4.97	0.72	5.46
3	21.225	9, 12-Octadecadienoic acid	C ₁₈ H ₃₂ O ₂	280	-	-	-	-		0.37
4	21.615	Octadecanoic acid	C ₁₈ H ₃₆ O ₂	284	6.68	10.95	5.60	4.65	-	7.14
5	22.675	trans-delta-9 octadecenoic acid	C ₁₈ H ₃₄ O ₂	282	-	63.96	1.52	-	-	0.80
6	23.391	Ricinoleic acid	C ₁₈ H ₃₄ O ₃	298	5.84	0.14	4.90	2.18	-	2.62
7	23.730	Arachic acid	C ₂₀ H ₄₀ O ₂	312	-	2.56	-	-	-	-
		Esters								
1	20.780	Hexadecanoic acid, propyl ester	C ₁₉ H ₃₈ O ₂	298	-	-	0.12	-	-	-
2	20.858	9-Octadecenoic acid, methyl ester	C ₁₉ H ₃₆ O ₂	296	-	0.10	0.13	-	-	-
3	21.566	Linoleic acid, ethyl ester	C ₂₀ H ₃₆ O ₂	308	-	-	0.35	-	-	-
4	21.710	oleic acid, ethyl ester	C ₂₀ H ₃₆ O ₂	310	-	-	0.85			
5	21.956	Octadecanoic acid ethyl ester	C ₂₀ H ₄₀ O ₂	312		1.41	0.25			
6	22.674	Glyceryl Monooleate	C ₂₁ H ₄₀ O ₄	356				0.62		
7	22.955	Ricinoleic acid, methyl ester	C ₁₉ H ₃₆ O ₃	312	3.45	-	0.56			
8	23.581	9,12-Octadecadienoic acid , methyl ester	C ₁₉ H ₃₄ O ₂	294	-	-	-	-	2.99	-
9	24.485	10-Undecenoic acid, butyl ester	C ₁₅ H ₂₈ O ₂	240	-	-	-	-	0.21	-
10	24.820	Hexadecanoic acid, trimethylsilyl ester	C ₁₉ H ₄₀ O ₂ Si	328		0.10				
11	25.280	Oleyl oleate	C ₃₆ H ₆₈ O ₂	532	-	1.38	-	-	-	-
12	26.134	Cinnamic acid, 2-bornyl ester	C ₁₉ H ₂₄ O ₂	684	-	1.22	-	-	-	-
13	26.321	Heptanoic acid, octyl ester	C ₁₅ H ₃₀ O ₂	242						

Hydrocarbon										
1	3.595	2-pentene, 2-4 dimethyl	C ₇ H ₁₄	96					0.43	
2	10.075	Tridecane	C ₁₃ H ₂₈	184					1.20	
3	27.370	Squalene	C ₃₀ H ₅₀	410	4.67	0.10	3.06	3.71	9.89	5.57
Aromatic compounds										
1	3.795	Phenol	C ₆ H ₆ O	94				4.41	0.41	
2	27.754	Benzene, (1-methylnonadecyl)- (2-Phenyleicosane)	C ₂₆ H ₄₆	358		0.10				
		Alcohol								
1	15.215	11-Tetradecen-1-ol, acetate,	C ₁₆ H ₃₀ O ₂	254						0.36
2	24.186	Phytol	C ₂₀ H ₄₀ O	296		0.52				
Indole										
1	9.985+	Indole	C ₈ H ₇ N	117			5.29	6.89		
Ketones										
1	20.465	13-Hexyloxacyclotridec-10-en-2-one	C ₁₈ H ₃₂ O ₂	280		0.22	1.03	1.12	2.40	1.10
2	26.192	1-Penten-3-one, 4,4-dimethyl-1-phenyl-	C ₁₃ H ₁₆ O	188		0.03				
Aldehydes										
1	23.455	Cis-9-Hexadelenal	C ₁₆ H ₃₀ O	238			1.28			1.22
2	23.606	9-Tetradecenal, (Z)	C ₁₄ H ₂₆ O	210		0.65	3.13			
3	24.675	Cis- 13-Octadecenal	C ₁₈ H ₃₄ O	266			0.15	1.05	1.01	0.58
Sterol										
1	25.071	Stigmasterol	C ₂₉ H ₄₈ O	412		0.23	0.82	0.89	4.38	
2	26.590	Gamma-sitosterol	C ₂₉ H ₅₀ O	414		0.77	3.25	1.42	10.35	1.10
3	26.904	26-Hydroxycholesterol	C ₁₈ H ₄₆ O ₂	402					0.58	

Vitamins										
1	28.334	delta Tocopherol	C ₂₇ H ₄₆ O ₂	402	1.11		1.12	1.07	3.01	1.54
2	29.167	Gamma Tocopherol	C ₂₈ H ₄₈ O ₂	416	1.87		1.72	1.53	4.47	2.50
3		Vitamin E (2H-1-Benzopyran-6-ol, 3,4-dihydro-)	C ₂₉ H ₅₀ O ₂	430		0.28				
Others (miscellaneous compound)										
1	7.692	2-piperidinone	C ₅ H ₉ NO	99			1.13			
2	9.870	Benzeneethanamine, N-(1-methylethylidene)-	C ₁₁ H ₁₅ N	161			3.06	10.56		2.50
3	20.461	Cyclooctasiloxane, hexadecamethyl-	C ₁₆ H ₄₈ O ₈ Si ₉	596	0.49					
4	21.767	Octadecanamide	C ₁₈ H ₃₄ NO	283					1.61	
5	21.801	Silane, (cyclohexyloxy) trimethyl-	C ₉ H ₂₀ OSi	172	3.31		3.23	2.80		3.43
6	22.049	Cyclononasiloxane, octadecamethyl-	C ₁₈ H ₃₄ O ₉ Si ₉	666	4.23		0.30		3.19	
7	23.005	2-Palmitoylglycerol,2trimethylsilyl ether	C ₂₅ H ₅₄ O ₄ Si ₂	474			0.14			
8	23.630	Palmitoyl chloride	C ₁₆ H ₃₁ ClO	274		0.32				
9	23.659	9-Octadecenamide	C ₁₈ H ₃₅ NO	281			5.32	6.44	15.73	3.13
10	24.670	1,3-Dipalmitin trimethylsilyl ether	C ₃₈ H ₇₆ O ₅ Si	640		0.14				
11	25.170	Bis(2-ethylhexyl) phthalate	C ₂₄ H ₃₈ O ₄	290			0.10		0.83	
12	25.521	Dodecanamide, N,N-diethyl-	C ₁₆ H ₃₃ NO	255			0.73	3.84		
13	26.260	Octadec-9Z-enol trimethylsilyl ether	C ₂₁ H ₄₄ OS ₁	340		0.82				
14	26.385	Acetamide,N,N-dioctyl-	C ₁₈ H ₃₇ NO	283			0.19			
15	27.821	N-Hexadecylacetamide	C ₁₈ H ₃₇ O	283			0.51	2.25	0.86	

Key: MC100= 100% castor ogiri package with *Uma* leaves .fermented for 48 h, MM100= Moringa ogiri packaged with *Uma* leaves fermented for 48 h, MMC = 86.21% castor ogiri, 13.29 % moringa ogiri packed in *uma* leaves fermented for 46.81 h, FMC = 86.21% casto rogiri, 13.29 % moringa ogiri packed in aluminum foil fermented for 51.99 h. FMC64 = 86.21% castor ogiri, 13.29 % moringa ogiri packed in aluminum foil fermented for 51.64h, PMC = 86.21% castor ogiri, 13.29 % moringa ogiri packed in plastic container fermented for 47.52 h

Two volatile compounds were detected as ketones in castor – moringa *ogiri* packed in different packaging materials, which are 13-Hexyloxacyclotridec-10-en-2-one and 1-Penten-3-one, 4,4-dimethyl-1-phenyl-. Sample FMC₆₄ had highest concentration of 13-Hexyloxacyclotridec-10-en-2-one (2.40%). This ketone is found present in sample MM₁₀₀, FMC, MMC and PMC. Ketone was not detected in sample MC₁₀₀ (100% castor *ogiri* packed in *uma* leaves). 1-Penten-3-one, 4,4-dimethyl-1-phenyl- was found present in sample MM₁₀₀. This may be as a result of the longer fermentation and effect of packaging materials. “The high concentration of ketone in sample FMC₆₄ might be due to partial oxidation of the alcohols as well as synthesis through several metabolic pathways, especially reduction of methyl ketone” (Curioni and Bosset, 2002; Akkad *et al.*, 2019). This is contradicting the report of Ojinnaka and Ojimekwe (2013) that identified oxacyclotetradecan-2-one in fermented castor seed with 3 % lime. Ketones are derived from the breakdown of amino acids and lipids, with the presence of compounds that affect food flavor (Adebo *et al.*, 2018). Ketones contribute to flavour of castor- moringa *ogiri*.

Alcohol identified in castor –moringa *ogiri* were 11-Tetradecen-1-ol, acetate, and phytol in samples PMC and MM₁₀₀ but absent in other samples. Reduction of corresponding aldehydes and oxidation of acids were used to produce alcohols (Pham *et al.*, 2008). Aldehydes and ketones are relatively unstable intermediate compounds that can be easily reduced to alcohol, according to Estrella *et al.*, (2004). Low

concentration of alcohol in fermented condiments possibly as a result of the thermal treatment used during processing (Cho *et al.*, 2017; Wang *et al.*, 2019) alcohol present in fermented condiment help to prevent this condiment from spoilage, this is known to acts as antifungal and prevent food spoilage (Onyenekwe *et al.*, 2012). Alcohol related compound could be contributed to the aroma of castor – moringa *ogiri*.

The aldehydes detected in castor- moringa *ogiri* packed in different packaging materials were cis-9-hexadecenal, 9-Tetradecenal and cis-13-Octadecenal found present in almost all samples but absent in sample MC₁₀₀ (100% castor *ogiri* packed in *uma* leaves). Similar trends were reported by Ojinnaka and Ojimekwe (2013) that aldehydes was not detected in castor seed *ogiri*. The presence of aldehydes may be due to presence of moringa *ogiri* present in samples.

The oxidation of fatty acids, as well as oxidation catalyzed by lipoxygenases and hydroperoxidase enzymes, produces aldehydes, which are important flavor compounds (Nzigamasabo, 2012). Aldehydes are also known as a key component in the formation of heterocyclic compounds (Ziegler, 2009). The presence of aldehydes in the fermented condiments is probable associated with variable factors such as Maillard reaction, strecker degradation or microbial metabolism occurs during the fermentation.

Sterols are a group of compounds found in abundance in Sample FMC₆₄.with highest concentration of stigmasterol (4.38 %) and gamma sitosterol (10.35 %). The 26-hydroxycholesterol was identified only in sample FMC₆₄. None of these Sterols was detected in sample MC₁₀₀. Sterols were detected in sample contain proportion of moringa *ogiri*. This is in agreement with Gupta *et al.* (2014) that found stigmasterol and β - sitosterol present in moringa seed, these sterol possess medicinal properties. Stigmasterol and β - sitosterol function as antioxidant, hypoglycemic, hyroid inhibiting properties and effective against cardiovascular disease anti-inflammatory and anti –diabetic properties among others (Kris *et al.*, 2002,

Singh, 2006; Jamal *et al.*,2008; Gupta *et al.*, 2014). Natural occurring plant cholesterol, according to Ogbe *et al.* (2015), may benefit animal and human health when taken as food supplements or organically in food on a regular basis for a suitable amount of time.

Vitamin –related compound was detected in all the samples of castor- moringa *ogiri*. delta tocopherol and gamma tocopherol were identified in samples MC₁₀₀, FMC, MMC, FMC₆₄ and PMC but found absent in sample MM₁₀₀ (100 % moringa *ogiri* packed in *uma* leaves). Vitamin E (2H-1-Benzopyran-6-ol) was detected only in sample MM₁₀₀.Sample FMC₆₄ had highest concentration in delta tocopherol (3.01 %) and gamma tocopherol (4.47 %). The highest concentration of vitamin in aluminum foil may be as result of aluminum is a good moisture and oxygen barrier therefore retard oxygen in the products (Ima *et al.*, 2016; Kubik and Zeman, 2014). This vitamin related compounds are nutritional and dietary important. It also acts as an antioxidant, preventing lipid peroxidation from spreading (Frei, 2004).

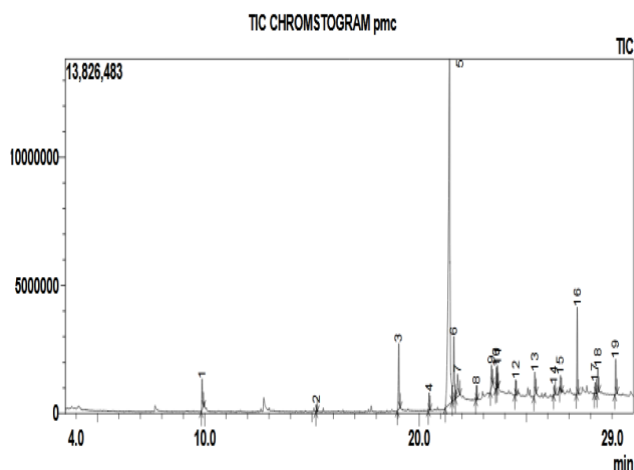
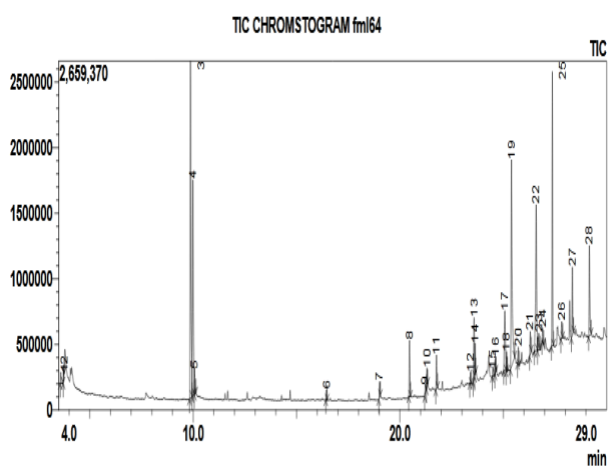
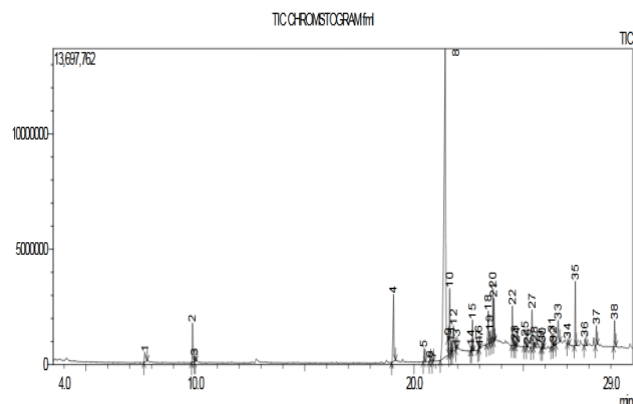
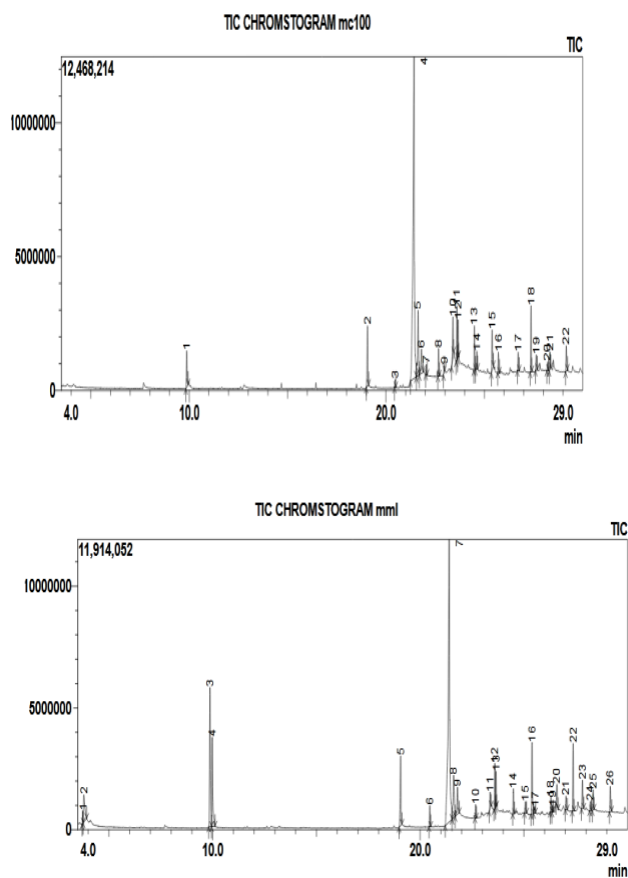


Figure 1. Chromatograms of the volatile compounds of packaged feremtned castor moringa seeds

Aromatic, hydrocarbon, and N- containing compounds were identified which found to be minor groups. Phenol was detected in sample

MMC and FMC₆₄. Adebisi *et al.* (2021) identified phenol in *dawadawa* bambara groundnut while Ojinnaka and Ojimekwe (2013) found no phenol in fermented castor seed. Phenol is connected to benzene ring of phenol moiety. According to Koleva *et al.* (2018), phenols are a major class of antioxidants with significant biological and free radical scavenging properties.

Other volatile compounds identified were Benzeneethanamine, N-(1-methylethylidene)- and Silane, (cyclohexyloxy)trimethyl- found in presence in samples MC₁₀₀, FMC, MMC and PMC while Palmitoyl chloride, 1,3-Dipalmitin trimethylsilyl ether and Octadec-9Z-enol trimethylsilyl ether were identified in sample MM₁₀₀. This result agrees with report of many researchers that diversity of aroma volatile compounds in fermented food condiments such as Burkinaso, *soumbala*, Ghanaian soy-*dawadawa*, Beninese *afitin*, *iru* and *sonru*, fermented castor oil seed, *dawadawa* bambara groundnut (Tanaka *et al.*, 1998; Leejeerajumnean *et al.*, 2001, Azokpota *et al.*, 2008, Ojinnaka and Ojimekwe, 2013, Adebisi *et al.*, 2021).

4. Conclusions

Fermented condiment of strong aroma and flavor can be produced from castor and moringa seeds based on evaluation of volatile compounds. Packaging material and fermentation time had an influence on volatile compound. Castor-moringa *ogiri* packed in aluminum foil had highest concentration in ester, hydrocarbon, ketones, aldehydes and sterol and vitamins. The volatile compound of various types such as acids, esters, aldehydes, flavour - related compound and constituent could be responsible for organoleptic properties and nutritional quality.

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